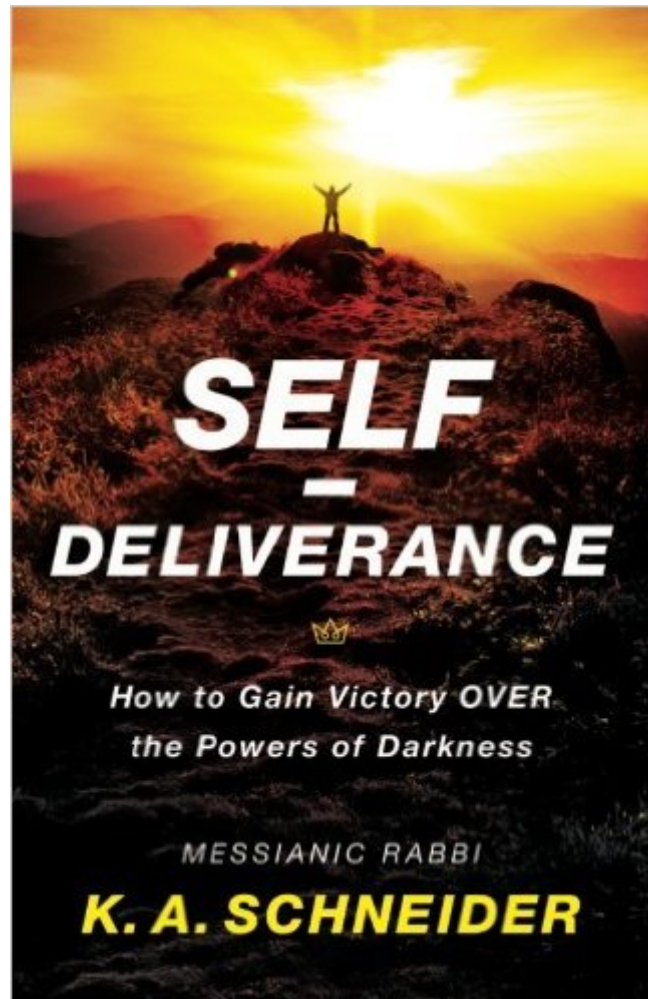


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# Self-Deliverance: How To Gain Victory Over The Powers Of Darkness



## Synopsis

**Demons Are Real!** If you find this hard to believe, you are not alone. Yet many of the problems you deal with come directly from the realm of darkness. They are demonic. But this is no cause for fear. In fact, there's freedom in knowing you can overcome these problems! Help is available for you. And you do not have to wait for somebody else to deliver you. With Jesus' help, you can free yourself. Join Rabbi Schneider as he walks you through every aspect of the biblical self-deliverance process, including how to: determine which thoughts and actions are inspired by demons; speak specific commands that force demons to leave; win against persistent spirits; close demonic access gained through generational sins, fear and trauma; experience God's healing presence; and much more! As you move into Yeshua's freedom, you will see darkness dissipate--and you will find yourself surrounded by a peace and clarity you have never known. Let's get started. Includes discussion questions for personal or group use! "Expect to be set free as you read this book!"--Rabbi Jonathan Bernis, president and CEO, Jewish Voice Ministries International "Rabbi Schneider unsheathes the weapons every believer must use to win our individual battles against demonic powers."--Pat Boone, entertainer and author

## Book Information

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## Customer Reviews

I was really looking forward to reading this book. When the publisher sent me this free copy, I immediately sat down to read it. I always knew that between the sins of my past, the sins of my family, and the trauma in my life from childhood to present - I really needed a good demonic

cleansing. I had a hard time with this book though. I believe without a doubt what Rabbi Schneider says - that demons are actual beings with intelligence, motives and personalities. I also believe that many of the mean spirited thoughts and actions in my life were not my own or nudged by a few demons. One thing I had trouble with was that he kept using words like Yeshua. Being unfamiliar with the wording he used made me a little uncomfortable. I kept an open mind and kept going to read through to the important messages. The beginning felt repetitious and I struggled through the first part of the book. When I was in a really interesting part, I continuously would fall asleep before reaching the end of the page. This happened over and over again for a few days. I tried standing and walking while reading and ended up reading most of it over again because I couldn't remember what I read. This is when it became very apparent to me that the fight with my own demons had already started. They would have been content with me not continuing to read the book. I was even more determined to get through it. The book did get better and it did help me. I do plan on reading it again. I think it's incredibly important to read this book when works like this are not discussed in a church atmosphere. It's also important to know that you can deal with your own demons and cast them out. Rabbi Schneider helps you to understand that this is a progressive process and not immediate.

This book is all about how to minister deliverance to yourself. I believe in the whole concept of self deliverance and this book was very easy to read, easy to understand, and easy to implement. I agree with his premise that it is quite common to see people go through deliverance from a ministry (from someone else) and find themselves back where they started a few short months later on. It's true that people need to know how to do their own spiritual warfare. His personal stories were particularly pertinent and helpful at every turn. Included were explanations of what demons are, how they gain access and common areas that need to be taken care of (closing doors). He also makes a good case for the whole need of self deliverance itself. I liked the fact that he talked about our authority and that it is based in relationship with the Lord. The author was also very encouraging about staying in the battle and not giving up. One idea that he presented seems controversial to me (apart from the whole concept of self deliverance that some people may find controversial). It is that he thinks demons can read your mind, that is, hear your thoughts. Because he believes this he advocates talking to them (casting them out) in your mind, and that we don't always need to or should talk to them out loud. I would have liked to see some other ideas addressed, particularly, how to know if you need deliverance and also knowing how to distinguish between problems with our flesh vs. the world vs. the demonic. He is not saying that everything is a demonic problem but

he gave no way to distinguish between these areas. The actual examples and instructions of basic self deliverance were helpful and easy to put into practice.

[Note: This book was provided free of charge by Chosen Books in exchange for an honest review.] When one reads enough books about a subject, one starts to see a lot of similarities sometimes, even where the authors come from a widely different approach. It would seem, for example, that a struggle with dysfunctional background often leads to an interest in the spirit world where trouble comes. Where there is a willingness to take God's word at its word when it comes to the way the world works, one fairly naturally has a desire to understand the workings of darkness that influence our present evil world, and which are disguised under other names at present. That said, I find it striking that within a week I would see three similar portrayals of the same problem from three widely different perspectives, something that gives me a lot of pause. Concerning the organization of this book, it is immensely helpful in terms of understanding its contents. The book begins by looking at how spiritual battle begins for believers, focusing on the reality of the spirit world. It then moves to looking at how demons gain access: through generational patterns of behavior, personal sin, and the wounds that others inflict. The book then gives practical advice on various matters: closing the door to demonic influence, standing in authority as a servant of God, speaking to demons to reject them, controlling our thoughts, handling rough times through godly and honest self-talk, showing zeal for God's kingdom, and knowing God's peace for ourselves and praying for others as well. These are useful and practical techniques, taken from scripture with a good deal of sound interpretation on top of the excellent citation of sources.

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